

MINDFUL WOMEN

SPA & MEDICAL

MASSAGES

BLISS MASSAGE

Therapeutic soft tissue manipulation to ease muscular tension and stress while providing deep relaxation and a sense of renewal.

60 Minute - \$100

90 Minute - \$145

DEEP TISSUE

Increases circulation, releases built-up toxins, and heals and restores balance to the body and nervous system.

60 Minute - \$135

90 Minute - \$170

PRENATAL MASSAGE

Promotes relaxation and a feeling of wellness in both mother and child. Please consult your DR. in first trimester.

60 minutes - \$100

MASSAGE ENHANCEMENTS

Add one or more to any massage treatment

Dry Brush - \$20

Massage Oil Candle - \$20

Hot Stones - \$20

CBD - \$20

Sombra Muscle Relief - \$20

Scalp Massage - \$25

Body Exfoliant 30 Minute - \$50

SEASONAL BATH SOAK \$65

Amazing Bath Soak Treatment as a stand alone or added to a 60 or 90 Minute Massage

Nourish and revitalize dry, damaged skin with an herbal soak. Begins with gentle exfoliation; concluding in a luxurious hydration.

PEDICURE / MANICURE

ULTIMATE PEDICURE \$70

Luxury experience for the feet including complete nail care, lower leg and foot massage. Includes paraffin wax treatment.

ESSENTIAL PEDICURE \$50

Soak, Groom exfoliation and foot massage.

ADD SHELLAC POLISH \$15

Shellac polish dries instantly and can be added to pedi or mani.

Shellac removal - \$15

ULTIMATE MANICURE \$50

Complete Nail Grooming, hand massage and paraffin wax treatment.

ESSENTIAL MANICURE \$30

Complete Nail Grooming, hand massage and paraffin wax treatment.

SPA PACKAGES

COUPLES MASSAGE

60 Minute - \$200

90 Minute - \$290

ULTIMATE EXPERIENCE \$385

Body exfoliation, Herbal Bath Soak, Hour Massage, Signature Facial, and Ultimate Pedicure.

BLISS SPA DAY \$270

Hour Massage, Signature Facial & Ultimate Pedicure

FACIAL TREATMENTS

SIGNATURE FACIAL \$100

Begin with a deep cleansing, skin analysis and gentle exfoliation to reveal smooth glowing skin. Next, enjoy a relaxing face, neck and chest massage followed by a customized masque and moisturizer. Includes extractions.

MICRODERMABRASION

Powerful Exfoliation Accelerates cell turn-over, reduces the appearance of fine lines and enlarged pores, to reveal clean vibrant younger looking skin. Add a chemical peel for even better results (+\$20).

30 Minute - \$100

60 Minute - \$135

HYDRO-FACIAL - H2O FACIAL \$150

The Hydro-Facial 50 minute help improve overall skin texture, tone, and appearance. This is due to the deep exfoliation that cleans your pores, removing debris and allowing for better penetration of infused face serums tailored to your skin type.

DELUXE HYDRO FACIAL - 75 min. \$200

ENHANCEMENTS

Add one or more to any facial treatment

Brow Wax - \$22.

Brow Wax and Dye - \$40

Lash Dye - \$35

Chemical Peel - \$20

DERMAPLANE / MICROPEEL

Dermaplaning uses a surgical tool to gently and safely remove dead skin cells that build up at the skin's surface. Creating greater absorption of a chemical peel. Treatment is completed with a "Slush Ball" to refine pores and kill bacteria. Helps remove fine hair "Peach Fuzz" on face, which softens and smooth appearance of your make-up

30 Minute - \$100 Series of 6 - \$570

60 Minute - \$145

MICRO-NEEDLING \$250

An amazing treatment for collagen induction therapy for your skin. Loose skin appears firmer, pore sizes are reduced, overall skin texture is smoother. Standard treatment uses hyaluronic acid.

Enhance your treatment with Exosomes - \$450

Best results when done in a series of three treatments.

*Consultation required.

HAIR REMOVAL

WAXING

BROW \$22
 BROW WAX & DYE \$40
 LIP OR CHIN \$15
 INNER NOSE \$15
 FULL FACE \$40
 FULL FACE/BROW WAX \$50
 UNDERARM \$30
 FULL ARM \$50
 HALF ARM \$40
 CHEST \$50
 FULL BACK \$60
 FULL BACK + SHOULDERS \$75
 HALF BACK \$40
 STOMACH \$35
 BIKINI SIDES \$39
 BIKINI EXTENDED \$40
 BRAZILIAN \$62
 HALF LEG LOWER \$45
 HALF LEG UPPER \$45
 FULL LEG \$75
 HAPPY TRAIL \$15
 TOES \$10

LASER HAIR REMOVAL

No more shaving. Safe effective laser technology treatment of unwanted hair almost anywhere on the body quickly, easily and with proven long-term results. Achieve baby soft skin. *6-8 treatments approximately six weeks apart are recommended for best results. *Initial consultation is required. All prices subject to change depending on size of area and height.

BODY AREA	ONE TREATMENT	PACKAGE OF SIX
ABS CENTER STRIP	\$70	\$350
AREOLA	\$60	\$300
ARMS LOWER	\$120	\$600
ARMS FULL	\$210	\$1050
BACK LOWER	\$150	\$750
BACK UPPER	\$150	\$750
BIKINI LINE	\$90	\$450
BIKINI FULL	\$125	\$625
BRAZILIAN	\$170	\$850
BUTTOCKS	\$125	\$625
CENTER BROW	\$50	\$250
CHEST / ABS	\$350	\$1750
CHEST UPPER	\$175	\$875
CHIN	\$60	\$300
EARS	\$60	\$300
FACE / SIDES	\$60	\$300
FACE / FULL	\$120	\$600
FEET OR HANDS	\$65	\$325
FINGERS OR TOES	\$35	\$175
INNER THIGH	\$110	\$550
LEGS LOWER	\$195	\$975
LEGS UPPER	\$205	\$1025
LEGS FULL	\$370	\$1850
NECK BACK	\$70	\$350
NECK FRONT	\$70	\$350
SHOULDERS	\$100	\$500
UNDERARMS	\$80	\$400
UPPER LIP	\$55	\$275

ANTI-AGING LASER

PHOTO FACIAL

Great for men & women of all ages. Gently reduces sun spots, rosacea, broken capillaries, redness and hyperpigmentation.

*3-5 Treatments recommended.

*Initial consultation is required.

	SINGLE	3 TREATMENTS	5 TREATMENTS
FULL FACE	\$249	\$620	\$795
NECK	\$190	\$475	\$650
CHEST	\$249	\$620	\$795
HANDS	\$95	\$240	\$325
1/2 ARM	\$249	\$750	\$795
FULL ARM	\$399	\$990	\$1050
NOSE	\$95	\$240	\$325
SINGLE SPOT	\$80	\$20 WITH	
		OTHER PROCEDURES	

INJECTIONS/ FILLERS

DERMAL FILLER

As we age, the shape of our face changes. We lose volume from our cheeks and may gain unwanted volume in places such as under the chin or bags under the eyes*

*Consultation required

BOTOX, DYSPORT, XEOMIN, JEUVEAU \$12

Fine lines begin to show from frowning and squinting over the years as we age, causing frown lines and crow's feet. These injections treat the underlying cause of the tell-tale signs of aging by temporarily reducing muscle activity in these areas.

* Consultation required.

PDO THREADS

PDO Threads not only show immediate lifting results for sagging skin. They also can help promote and stimulate collagen, which helps improve skin elasticity, texture, fine lines, and volume.

Lifting \$175

Smoothing \$13

*Consultation Required